

# We Mean Health



## Your Care, Your Way

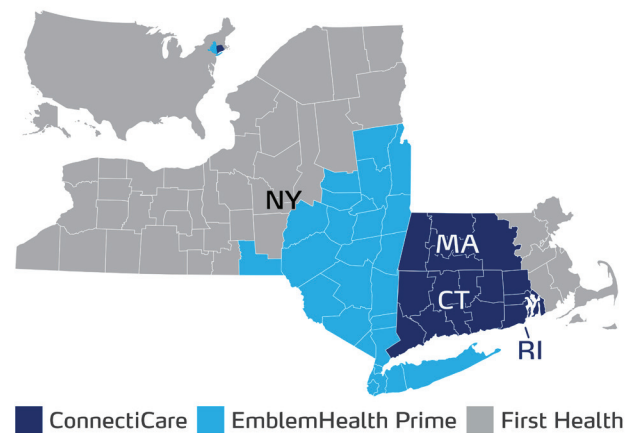
ConnectiCare health plans offer coverage options and wellness services to fit your lifestyle and keep you healthy.

### Coverage That Goes Where You Go

New FlexPOS plans offer coverage in Connecticut, Massachusetts, and New York through the EmblemHealth Prime network and nationally through the First Health® network. Plus, you have emergency coverage worldwide.\*

Choose from a wide range of FlexPOS plans, including cost share reduction (CSR) plans for those who qualify.\*\*

We also make it easier to get care wherever you are with no-cost telemedicine visits\*\*\* and wellness programs through WellSpark Health.



## Dental Plan Options for Adults

Through Access Health CT, we offer three plans that include preventive dental coverage for adults — Choice Gold Alternative POS with Dental, Choice Catastrophic POS with Dental, and Choice Bronze Alternative POS with Dental. Visit a participating dentist's office for important routine care, including preventive exams and cleanings and periodic x-rays.

We also offer other Choice plans (as well as Compass and Passage plans) without dental coverage. With so many options, we can help you find the best plan for your unique needs.

\* Subject to limitations.

\*\* Access Health CT is the only place you can get financial help to pay for your coverage.

\*\*\* Telemedicine is no cost after deductible for members with plans eligible for a health savings account (HSA).

## Plus, Benefits to Help Make Your Health Care Dollars Go Further

- Prescription home delivery — get a 30-day supply of specialty drugs or a 90-day supply of generic drugs you take to help you stay well.
- Tips for staying healthy — take a health assessment and get a personalized action plan to help improve your health.
- Other discounts — exclusive discounts and rewards on vision needs, health and wellness services, and more. Learn more at [connecticare.com/discountprograms](https://connecticare.com/discountprograms).

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## What to Expect After You Enroll

- **New members:** You'll get a bill for your first month's premium. We'll send your member ID card after you pay that bill.
- **Renewing members:** Watch your mailbox for your member identification (ID) card. Pay your premium bill by the due date.

## Important Next Steps as a ConnectiCare Member

- **Register for an account on [connecticare.com](https://connecticare.com)**  
You'll find tools to help you stay healthy, compare costs, and even track your spending.
- **Call your doctor to schedule your annual checkup**  
Remember, an annual physical is included in your plan. Don't have a doctor? Find one in your plan's network using "Find a Doctor" on [connecticare.com](https://connecticare.com).

## Questions? We're Here to Help.

### BY PHONE

**800-723-2986** (TTY: 711)  
Monday - Friday, 8 a.m. to 5 p.m.  
*Extended hours Nov. 1 - Jan. 15:*  
Monday - Friday, 8 a.m. to 7 p.m.,  
Saturday, 9 a.m. to 3 p.m.

### IN PERSON

**At a ConnectiCare Center.**  
For hours and locations,  
or to make an appointment,  
go to [visitconnecticare.com](https://visitconnecticare.com)  
or call **877-523-6837**.

### ONLINE

Visit [chooseconnecticare.com](https://chooseconnecticare.com)  
or [accesshealthct.com](https://accesshealthct.com) to  
compare plan benefits,  
features, and premium rates.

## You Can Get Help From Access Health CT

Visit [accesshealthct.com](https://accesshealthct.com) or call them at **855-805-4325** (TTY: **855-789-2428**) or contact them with a relay operator. They can help you find out if you qualify for financial help and enroll in a plan.

## Keep in touch



ConnectiCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-251-7722 (TTY: 711). ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 800-251-7722 (TTY: 711). Coverage underwritten by ConnectiCare Benefits, Inc. and ConnectiCare Insurance Company, Inc., not by Access Health CT.