



# Here's some news that will make you smile.

**We've made it easier than ever to enroll in dental coverage that works for you.** You can quickly shop for, compare and enroll in dental plans through [AccessHealthCT.com](https://AccessHealthCT.com).

**Dental and oral health are very important.**

We all know that a healthy mouth and teeth are essential. You may not know that poor oral health is associated with chronic diseases like diabetes and heart disease. Regular preventive dental care can identify issues in their early stages, when they're less serious, less costly and easier to treat.\*

When you choose and use dental coverage through Access Health CT (AHCT), you'll enjoy the many benefits of better oral and dental health.

***If you have health coverage through AHCT:***

Your current coverage may or may not include dental coverage for adults, so check your plan benefits to be sure. Note that all health plans offered through AHCT include pediatric dental coverage for children until age 26.

***If your current health insurance plan does **not** include dental coverage:***

You can choose a stand-alone dental plan through AHCT. Enroll during our Open Enrollment Period, which begins November 1, or during a Special Enrollment Period if you have a Qualifying Life Event (more details at [AccessHealthCT.com/special-enrollment](https://AccessHealthCT.com/special-enrollment)).

Financial help is not available for stand-alone dental plans. Any financial help you receive through Access Health CT cannot be used to help pay for the costs of stand-alone dental plans.

**Here's how to enroll:**

Call us or compare dental options online.

**Online:**

[AccessHealthCT.com](https://AccessHealthCT.com)  
(live chat is available)

**Phone:**

1-855-805-4325  
(Monday – Friday,  
8:00am – 4:00pm)

**If you are deaf or hearing impaired,** you may use TTY at 1-855-789-2428 or call with a relay operator.

## Adult dental coverage

Dental plans have three major coverage areas for adults:

- diagnostic and preventive services
- basic services
- major restorative services

Each plan may offer different services and/or coverage, and these differences will have an impact on the monthly cost of your plan. While shopping for plans, read the Plan Document to see what services are covered.

Notes: There is no out-of-pocket maximum for adults. Some plans have a waiting period before you can start receiving covered services. Covered benefits will vary between plans. There is no waiting period for diagnostic and preventive services.

## Pediatric dental coverage

All AHCT plans have four major coverage areas for children until age 26:

- diagnostic and preventive services
- basic services
- major restorative services
- dentally necessary orthodontic care

Every health plan available through AHCT includes pediatric coverage.

  
**access health CT**  
Connecting you to quality health insurance plans.

\*Centers for Disease Control and Prevention <https://www.cdc.gov/oralhealth/basics/index.html>